

Breakfast served until 11.30am

i Take-away available,
please ask colleague
when placing your order

Calories for all items are given for white bread and baked egg.

ALL DAY BREAKFAST

2 sausages, 1 egg, 2 rashers of bacon, hash brown, fresh tomato, mushroom, baked beans and a slice of toast

Options: Multiseed bread (add 63kcal); scrambled egg (add 25kcal)

£5.25

805kcal

ALL DAY VEGETARIAN BREAKFAST

2 Shroomdogs, 2 eggs, mushroom, hash brown, fresh tomato, baked beans and a slice of toast

Options: Multiseed bread (add 63kcal); scrambled egg (add 50kcal)

£5.25

691kcal

BITESIZE BREAKFAST

Sausage, egg, hash brown, baked beans and a slice of toast

Options: Multiseed bread (add 63kcal); scrambled egg (add 25kcal)

£3.35

533kcal

BITESIZE VEGETARIAN BREAKFAST

Shroomdog, egg, hash brown, baked beans and a slice of toast

Options: Multiseed bread (add 63kcal); scrambled egg (add 25kcal)

£3.35

479kcal

EGGS & BACON

2 eggs, 2 rashers of bacon and a slice of toast

Options: Multiseed bread (add 63kcal); scrambled egg (add 50kcal)

£3.35

442kcal

TOAST AND ONE TOPPING

• Beans 415kcal

• Cheese 384kcal

Options: Multiseed bread

• Scrambled eggs

• Eggs

£2.50

471kcal

421kcal

(add126kcal)

Toast

2 slices of toast served with butter and a choice of jam

Options: Multiseed bread

£1.50

427kcal

(add126kcal)

PORRIDGE Non-dairy option available - please ask colleague

£2.20

380kcal

• Add honey +£0.35

• Add banana +£0.55

45kcal

128kcal



Adults need around 2000kcal a day.

Allergy information: Products from our cafes are not suitable for those with an allergy to Fish, Molluscs, Crustaceans, Milk, Egg, Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut), Peanut, Soya, Nuts, Celery, Mustard, Sesame or Sulphites. Additionally, our 'Vegan and Plant Based Recipe' products are made using shared equipment with non-vegan products.